

The Akashic Records are the records of your Soul's journey throughout the Universe, through all space, time, and dimension. Your records are only accessed with your permission. An Akashic Records reading is meant to assist you in your journey, but it isn't meant to predict your future. You are the creator of your reality, and your choices change outcomes. It's all about the journey and what you can learn, heal, and grow from along the way. The destination is ultimately up to you.

I access the Records via the Pathway Prayer Process that was developed by Linda Howe. To begin your reading, I will say a short prayer using your full legal name. This prayer raises the vibration and allows me to access your records. Upon opening your records, we will connect with your Masters, Teachers, and Loved Ones in the records in order to receive information.

The information that we receive during a reading can be general or very specific, however it will be based on the questions that you ask and issues you bring up. Only information that you are truly ready to receive will come forth. Your questions can be about almost anything including spirituality, life purpose, career, relationships, finances, etc. The only limit is that we do not access the records of another person. We can ask about the purpose of your relationship with a particular person or what you're meant to learn from them. However, we cannot ask about that particular person's individual life purpose or anything about them that doesn't pertain to your relationship.

The best questions are "how", "what", "where" or "is xyz the best choice for me"? These allow for more information to come through than a simple "yes" or "no" question. Don't be concerned if you can't come up with many questions prior to your reading. Once I hear your story, I will be able to guide you in the right direction and how to get the most from your reading. Below is some information on topics that you may wish to cover during your Akashic Records consultation.

Relationships In General:

The Masters, Teachers, and Loved Ones will not tell you whether you are going to break up or not, get married, etc. They don't give future predictions because you are the creator of your reality, and your choices change outcomes. Relationships are about what you can learn from this person, the reasons you have been attracted to each other, and how the relationship can get better or worse depending upon your actions. Some examples of questions you may want to ask:

What am I meant to learn from this person?

Why were we attracted to one another in the first place?

What actions can I take to improve this relationship?

Where am I stuck in the relationship?

What do I need to let go of?

How can I let go of the things that bother me in the relationship? What do I offer and receive in this relationship?

What is the dynamic of our relationship?

*How do we support each other in growth both in the relationship and individually?
What can I understand, shift or release to improve this relationship?
What is keeping my attention from what I want?
How can I allow this relationship to grow/heal/flourish to its highest potential?
How does this relationship affect my life purpose?
How can I open myself up to more intimacy in this relationship?*

Healing From Toxic Relationship Dynamics:

During these sessions, I will guide you in learning why you attracted the Narcissist or chose your dysfunctional relationship dynamics. We will also look into what programming/beliefs can be released around this and what direction is best for you to move in, or what to shift for maximum transformation. We will start with your story. Be specific about who this person is and the problems/toxic dynamics that you are experiencing. The more you tell your story, the more the energy builds. This alone allows for healing and shifts to occur because the vibration of the records is so high. You may experience healing around your story just by being in this energy. After you tell your story, some questions you may want to ask are:

*What has happened that keeps me in this dynamic with this person? This lifetime? Another lifetime?
How and why did I draw this experience into my existence?
What it is that I can learn from this person better than anyone else?
What does this person want from me that I cannot give?
What do I want from them that they cannot give?
How can I release this toxic energy and move forward in my life?
What is the most I can realistically expect in this dynamic?
What actions can I take to make the situation better?
What actions would make the situation worse and what can I do to minimize or avoid negative interactions?*

Life Purpose/Spirituality/Soul Purpose

*What are my next steps? How do I expand myself?
How can I improve my sense of connection with myself? What am I here to do?
What is my passion?
What is my life's current purpose?
How can I move toward achieving my purpose?*

Home/Changes in Household:

*Why do I feel like moving?
What holds me where I am?
What do I need to release to move into a new place (literal or metaphorical)?
How does moving affect my energy?*

Feelings:

What am I scared of?

What creates fear that I am not aware of?

Where do I need to turn my attention?

What can I do to release/heal my fears of intimacy?

How can I release negative emotions and move forward?

Traumas:

What trauma, pain, fear or anger keeps me from balance and experiencing wholeness?

What will bring back my memory?

What happened that I don't remember these parts of my life?

What is holding me back and how can I release?

Why do I have this fear? How can I release these fears?

What can I do to release this feeling in my heart?

What stands between me and my feelings?

Business/Career:

Why do I not experience joy in my work?

How can I expand my business and/or career?

What do I expect from my boss?

How do I compare myself to them?

What do I need to understand about my relationship with my boss/co-workers?

What do I fear about my job?

You are welcome to record the reading if you choose. An Akashic Records consultation is not intended to replace medical, legal, or psychological advice or counseling. It's meant to help you on your healing journey by allowing you to understand things from your Soul's perspective. By doing so, you can discover, understand, clear or work through blockages and issues in your life that are causing you stress and/or discord. You may also experience energy shifts and receive inspirational messages to assist you in moving forward on your spiritual path and life's journey.